



Friends of Seney National Wildlife Refuge

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Seney Refuge Walk for the Wild 2023

Friends of Seney National Wildlife Refuge is hosting a 5k walk/run to celebrate National Wildlife Refuge Week, which is October 7-14, 2023. Friends of Seney NWR will be joining friends' groups around the country to get out in nature and support the National Wildlife Refuge System. Our Friends of Seney Team is planning a 5k (3.1 mile) fun walk/run at the Seney Refuge on Saturday, October 14th. The walk will begin at 10:00 am and will offer two routes. Both routes will begin at the Northern Hardwood Trail on Robinson Road.

Walk for the Wild is a national event of the America's Wildlife Refuge initiative and is coordinated by the Public Lands Alliance. Public Lands Alliance is an official nonprofit partner of the U.S. Fish and Wildlife Service dedicated to inspiring meaningful connections and private support for the National Wildlife Refuge System. This year there are 46 teams, from 26 states, representing over 70 national wildlife refuges. The event demonstrates our commitment to deepening human connections with nature and to protecting the thriving ecosystems we depend on.

How to Register, Donate and Participate

1. **Go to <https://support.americaswildliferefuges.org/team/516157>**
2. **Register for our event.** You can choose the guided walk/run, or the virtual event. It's free to register.
3. **Donations are optional and can also be made on this site.** Team Seney has set a goal of raising \$1,500 to help fund a youth cultural and career day camp in summer 2024. Participants can donate but so can anyone! You can encourage your friends and family to donate too, whether they join the walk or not. Any amount is gratefully accepted.
4. **Show up and move!** The walk/run is for fun and won't be timed. There will be informative activities along the routes. You can even earn your Junior Ranger badge, no matter how old you are!
5. **Document your achievement.** We'd love to see your Walk for the Wild photos. Tag @Friends of SeneyNationalWildlifeRefuge with the hashtags #WalkForTheWild and #BeSeenAtSeney.
6. **Increase awareness and spread the word** about the importance of national wildlife refuges and how much fun you can have, and how much you can learn by visiting refuges like Seney National Wildlife Refuge.

Route Details

Walk For the Wild Loop

Primitive Trail Option

- Location: Access from the Robinson Road parking lot and gate.
- Length: 5K or 3.1 miles
- Surface: Firm
- Surface Type: Dirt, mowed vegetation, and packed gravel road.
- Grade: Average 8%
- Cross Slope: Average 3%
- Trail Width: Minimum 60 inches, Average 96 inches
- Obstacles: Possible downed trees.

Information: This route takes people on portions of Bear Hollow, Cub Hollow, Smith Farm and Manistique River Run Trails. Watch for the signs to remain on the path. These trails wind up and down through northern hardwoods, mixed pine, and hemlock forests dotted with vernal pools. In autumn this is a great place to view fall colors and look for fall fungi. The forest is dotted by interesting mushrooms like waxcaps, puffballs, dead man's fingers, golden spindles and more. Dog friendly and kid friendly

Walk For the Wild Out-and-Back

For families with strollers, bikes, other wheeled devices (no ORVs please) or those seeking areas to walk in groups.

- Length: 5K or 3.1 miles
- Surface: Firm.
- Surface Type: Two-track road.
- Grade: Average 3%
- Cross Slope: Average 3%
- Trail Width: Average 144 inches
- Obstacles: Possible downed trees.

Information: There is one fairly substantial hill about 0.5 miles down the trail. This trail follows Pine Creek Road crossing a bridge over Upper Goose Pen then alongside the west edge of A Pool and over the bridge that empties A Pool to Gray's Creek. Sights include beautiful vistas, inlets that hide migratory waterfowl and forest scenes. Possible sightings include river otter, beaver, muskrat, common loons, sandhill cranes, wood and ring-necked ducks and Canada geese.

See you at Walk for the Wild 2023 at the Seney Refuge! Contact us at snhafriendsofseney@gmail.com if you have questions.



Saturday October 14
Seney National Wildlife Refuge
Hosted by Friends of Seney NWR

